

PRE COOKING Instructions

BEFORE YOU START COOKING

The first time you use the **SUN OVEN®**:

- Read the following instructions and the SUN OVEN Tutorial available online.
- Remove the protective film from the reflectors.
- Set the **SUN OVEN®** facing the sun. Close the glass door and turn both latches over the glass. Leave the **SUN OVEN®** in this position for 25 to 30 minutes.
- Using an oven mitt release the latches and open the glass door. Pour 2 cups of water with several drops of dish soap into a pot and place the pot, without a lid, inside the hot **SUN OVEN®** and close and latch the glass door.
- Realign the **SUN OVEN®**.
- Leave the **SUN OVEN®** in the sun for 90 to 120 minutes with the open pot of soapy water. Every 30 minutes realign the oven.
- After the oven has been heated and well steamed completely clean the inside of the chamber and the inside of the glass door with the hot soapy water. While cleaning, it is best to scrub hard on the interior of the glass around the area where the glass meets the black gasket.
- Now you're ready to start cooking.